

**A few highlights from last session's programme**



Peter Kearton from North Wales Wildlife Trust and Wil Stewart from Holyhead Breakwater Park made a very interesting double act speaking on 'Working Towards a Wilder North Wales'



Judith & Rachel spoke about the Memory Clinic and Emma, from the Stroke Prevention Team gave us lots of useful information



Vicky Baldam and her colleague gave us lots of information on Fostering in Wales. We had a short Quiz to see whether what we 'knew' about fostering was indeed correct.



Nick Lee kept us all enrapt with his talk on Computer Safety. He was able to answer all the computer queries that our members asked. We all went away with valuable information on how to stay safe online.

*"By being yourself, you put something in the world that wasn't there before"*